

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00			Q - Lisa F		Q - Lisa F		
7:30	Jump - Joan	Jump - Joan					
8:00	Q - Joan	Q - Patty	8:30 am Q - Becca	Q - Lisa F	Q - Adv Lisa F	Q - Gail	
9:00	Jump - Diana			Q - Lisa F	Jump - Lisa F	Q Adv - Gail	
9:30	Q - Diana		Jump- Becca		Q - Lisa F		Q - Julia
10:00		Q - Patty	Q - Becca	Q - Patty			
10:30					Q - Julia		
11:00						Q - Becca	
11:30				Q - Joan			Q Adv - Julia
12:00							
12:30							Q - Julia
1:30			Q - Diana				
3:30	Q - Cathy		Q - Kay				
4:00							
4:30	Q - Cathy			Q - Julia	Q - Gail/Becca		
5:30	Q - Cathy			Q - Julia			

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9:30	Q - Diana		Jump - Becca		Q - Lisa F		Q - Julia
10:00		Q - Patty	Q - Becca	Q - Patty			
10:30					Q - Julia		
11:00						Q - Becca	
11:30				Q - Joan			Q Adv - Julia
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